

May the One whose spirit is with us
in every righteous deed
be with all who work for the good of humanity.
May the One whose gives strength to the weary,
Who helps us struggle as we work for a better world,
Who shines the light of truth and hope
upon all creation,
be with us as we welcome Shabbat.
May the One whose spirit inspires every choice
to bear the burdens of others,
to give bread to the hungry,
to clothe the naked or take the friendless
into our homes
continue to teach us the Torah of pursuing justice
and holiness
and kindness in our lives.
May the One,
the Breath of Life, the Source of Truth,
Who connects us all to one another,
To our ancestors and our descendants
And to all of creation
Guide our path to healing this broken world.

**(Max Chaiken, based on Chaim Stern, as adapted in Mishkan
Tefillah, 30)**